



THE HERO'S JOURNEY OUTLINE

Act One:

DEPARTURE

1. THE CALL TO ADVENTURE
2. THE REFUSAL OF THE CALL
3. SUPERNATURAL AID.
4. CROSSING THE FIRST THRESHHOLD
5. THE BELLY OF THE WHALE

Act Two:

INITIATION

6. THE ROAD OF TRIALS
7. MEETING WITH THE GODDESS
8. TEMPTATION
9. THE ATONEMENT OF THE FATHER
10. APOTHEOSIS
11. THE ULTIMATE BOON

Act Three:

RETURN

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12. REFUSAL OF THE RETURN
 13. THE MAGIC FLIGHT
 14. RESCUE FROM WITHOUT
 15. CROSSING THE RETURN THRESHHOLD
 16. MASTER OF TWO WORLDS
 17. FREEDOM TO LIVE